



- ***Considering taking up a Partnership?***
- ***Do you want to develop a Portfolio career?***
- ***Are you thinking about retirement?***
- ***Is your Practice undergoing change?***
- ***Feeling stuck in your personal development?***
- ***Struggling with motivating your team?***
- ***Do you need a better work/life balance?***
- ***Need a confidential “sounding board?”***

If you have answered YES to any of the above questions, you may benefit from some fully funded confidential mentorship or coaching sessions to help you achieve your goals.

Mentoring and Coaching can benefit us; whatever stage of our career we are in. It is a crucial tool for all GPs and not only for “doctors who are struggling”. The sessions will be tailored to people’s own needs. Everyone will be listened to, respected as individuals without judgement and ideas

explored. This is not about being given advice but rather being guided to find solutions for yourself.

**Coaches and Mentors:** The Staffordshire Training Hub have a team of experienced GPs who are trained Mentors and Coaches, passionate about offering confidential one-to-one peer support.

**Eligibility Criteria:** The Programme is open to all GPs working in Staffordshire (and Stoke-on-Trent), GP Locums and ST3s. **Please Note:** *GPs on the GP Fellowship Scheme are not eligible for this programme.*

**Offer:** Up to **12 hours of free** confidential one-to-one peer support (with a Mentor of your choice) to be taken at any time during a twelve month period.

**Next Steps:** You are welcome to have an informal chat with no commitment with the GP Facilitator, Dr Donna Turfrey at [donna.turfrey@nhs.net](mailto:donna.turfrey@nhs.net) to see if it's for you.

**Apply Today:** Please complete the [Staffordshire GP Coaching and Mentoring Programme Application Form](#) and forward to the Staffordshire Training Hub team at [traininghub@gpfirst.net](mailto:traininghub@gpfirst.net).